No matter where you are, we're in this together.

NMOSD / MOG-AD Support Groups & Pages
General NMOSD / MOG-AD Support

- Devic’s Disease (NMO)
- Devic’s Fighters
- MOG Antibody / Anti MOG Support And Info
- MOG/NMOSD Support
- My Devic’s Family (NMO)
- Neuromyelitis Optica Chat Room
- The Neuroimmunology Clinic
- NMO Nutrition & Wellness
- NMO/MOG Our Fight For A Cure
- Sero-negative NMOSD/Devic’s Disease Support
GENDER-SPECIFIC

- Men With NMO
- NMO/MOG Divas
- Pregnancy With NMO/MS
- Women With NMO/MOG/TM

YOUNG ADULTS

- Our Journey: Support for Teens & Young Adults With NMO
Caregivers

- NMO Caregivers
- NMO Paediatric Support (Parents Of Paediatric Patients Only)
- Parents of Children With TM, ADEM, AFM, NMOSD & ON In Europe
**Africa**

**South Africa**
- South African NMO Warriors

**Asia**

Bangladesh, Bhutan, India, Myanmar, Nepal, Pakistan, Sri Lanka
- Southeast Asian NMO/MOG/TM Community
AUSTRAILIA

- Australia/ New Zealand group for people with MOG & their Supports
- NMO & NMOSD Australia Support Group

EUROPE

DENMARK
- NMOSD Danmark

FRANCE
- Devic Family

GERMANY
- NMO/MS Gruppe Deutschland
- WIR.UND.NMO

UNITED KINGDOM
- UK MOG Antibody Disease Support
North America

Canada

- BC Lower Mainland Devic’s Family (NMO)
- Devic’s Syndrome Canada
- MS Society of Canada
- NMO Alberta
- NMO Ontario
- NMOSD Canada
UNITED STATES

- Chicago NMO Connection
- NMOSD of Florida
- Michigan NMO Group
- New Mexico & Surrounding States
- NMO/MOG NorCal Support
- NMO Support Group of the DC Metro Area
- Oklahoma NMO Support Group
- Pennsylvania/Ohio NMO (Devic's Disease) Support
- Texas NMO/MOG/TM Group
- Tri-State NMO Support Group
- Wellness Support for the Chronically Ill
All groups are located on Facebook. Please note that some groups may require permission to join.

This list has been compiled and maintained by Lelainia Lloyd, TSF Ambassador of British Columbia, Canada.

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The Sumaira Foundation is a 501(c)3 organization dedicated to generating global awareness of neuromyelitis optica spectrum disorder (NMOSD) and myelin oligodendrocyte glycoprotein antibody disorder (MOG-AD), supporting research to find a cure, and creating a community of support for patients + their caregivers.

To learn more about TSF, visit www.sumairafoundation.org