No matter where you are, we're in this together.

NMOSD / MOG-AD
Support Groups & Pages
General NMOSD / MOG-AD Support

- Devic’s Disease (NMO)
- Devic’s Fighters
- MOG Antibody / Anti MOG Support And Info
- MOG/NMOSD Support
- My Devic’s Family (NMO)
- Neuromyelitis Optica Chat Room
- The NMO Clinic
- NMO Help Be The Cure
- NMO/MOG Our Fight For A Cure
**Gender-Specific**

- **Men With NMO**
- **Pregnancy With NMO/MS**
- **Women With NMO/MOG/TM**

**Young Adults**

- **Our Journey: Support for Teens & Young Adults With NMO**
Caregivers

- NMO Caregivers
- NMO Paediatric Support (Parents Of Paediatric Patients Only).
- Parents of Children With TM, ADEM, AFM, NMOSD & ON In Europe
**AFRICA**

**SOUTH AFRICA**
- South African NMO Warriors

**ASIA**

**BANGLADESH, BHUTAN, INDIA, MYANMAR, NEPAL, PAKISTAN, SRI LANKA**
- Southeast Asian NMO/MOG/TM Community

**AUSTRALIA**

- NMO & NMOSD Australia Support Group
As of 2015, the MS Society of Canada provides support and services to individuals with allied conditions including neuromyelitis optica (NMO), transverse myelitis (TM) and acute disseminated encephalomyelitis (ADEM).
UNITED STATES

• Chicago NMO Connection
• Florida NMO Warriors
• Michigan NMO Group
• New Mexico & Surrounding States
• NMO/MOG NorCal Support
• NMO Support Group of the DC Metro Area

• Oklahoma NMO Support Group
• Pennsylvania/Ohio NMO (Devic's Disease) Support
• Texas NMO/MOG/TM Group
• Tri-State NMO Support Group
• Wellness Support for the Chronically Ill
NMO / MOG-AD ORGANIZATIONS
All groups are located on Facebook. Please note that some groups may require permission to join.

This list has been compiled by Lelainia Lloyd, TSF Ambassador of Canada.

Last update: August 15, 2020

The Sumaira Foundation for NMO is a 501(c)3 organization dedicated to generating global awareness of neuromyelitis optica spectrum disorder (NMOSD) and myelin oligodendrocyte glycoprotein antibody disorder (MOG-AD), fundraising to help find a cure, and creating a community of support for patients + their caregivers.

To learn more about TSF, visit

www.sumairafoundation.org